

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
5:00 PM - 6:00 PM	5:00 PM - 6:00 PM	5:00 PM - 6:00 PM	5:00 PM - 6:00 PM	5:00 PM - 6:00 PM		
Kids Class (4-8 Yrs)	Kids Class (4-8 Yrs)	Kids Class (4-8 Yrs)	Kids Class (4-8 Yrs)	Kids Class (4-8 Yrs)		
6:15 - 7:15 Black Belt Club Only 9 - 12 years old.						
7:30 - 8:30 Blak Belt Club Only Teen/Adult 13 years and up						
	8:30 PM - 9:30 PM Fitness Kickboxing (Ladies Only)	8:30-9:30 pm Fitness Kickboxing (Ladies only)	8:30 PM - 9:30 PM Fitness Kickboxing (Ladies Only)			